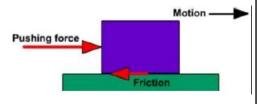






# What are forces?

- Forces are pushes and pulls. • These forces change the motion of an object.
- They will make it start to move or speed up, slow it down or even make it stop.



- For example, when a cyclist pushes down on the pedals of a bike, it begins to move. The harder the cyclist pedals,
- the faster the bike moves. • When the cyclist pulls the brakes, the bike slows down and eventually stops.
- Friction is a force it is the resistance
- of motion when one object rubs against another. What is gravity and air resistance?

- Gravity is the force that pulls objects to the centre of the Earth.
- Air resistance pushes up on the parachute, opposing the force of gravity. This makes the parachute land more slowly.



### Levers • Levers allow us to do heavy

What are examples of mechanisms?

- work with less effort. • For example, trying to pick up
- a large heavy box is difficult, however if a lever is used it becomes much easier to move it.

### Pulleus • Pulleys also allow us to do

Year: Five

**Key Concepts** 

pulley Heavy work - objects are attached to ropes and pulley wheels, and so instead of lifting heavy object upwards, we can pull on the pulley rope downwards.

### Gears

- · Gears are toothed wheels. Their 'teeth' can fit into each other so that when the first wheel turns, so does the next one.
- · This allows forces to move across a surface.

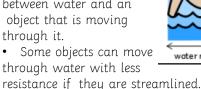
# **Springs**

- Springs can be stretched by pulling them or squashed by spring pushing them.
- The greater the force pulling or pushing the spring, the greater the force the spring uses to move back to its normal shape.

# What is water resistance?

through it.

• Water resistance is the friction that is created hetween water and an object that is moving



water resistance

human pushing force

Castlefield School - Science

Theme: Energy

friction

force

gear

gravity

motion

pulley

resistance

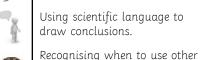
streamlined

lever

sources to answer questions, separating opinion from fact.



## Using Scientific knowledge to ask questions.





Strand: Physics

The resistance of motion when one object rubs

The pulling or pushing effect that something has on

the force which causes things to drop to the ground

the activity of changing position or moving from

a simple machine that makes lifting something

grooves that a rope or chain can be pulled over

a force which slows down a moving object or

Famous Scientists

Sir Isaac Newton (1643 – 1727) – English mathematician,

Working Scientifically Skills

physicist, astronomer and author who discovered gravity by an

easier. A pulley has a wheel or set of wheels with

A streamlined vehicle, animal, or object has a shape

that allows it to move quickly or efficiently through

A part of a machine that causes another part to

move because of teeth which connect the two

a basic tool used to lift or pry things open

Key Vocabulary

against another.

something else.

moving parts.

vehicle

air or water

apple dropping on his head.

one place to another

Recording data, taking repeat measurements where necessary and calculating a mean.

enquiry, controlling variables where necessary.

Planning different types of